

CROSS INSMING

2000m

clt	nom	pre nom	jour_club	tps_journa	moy_km	km_h	categorie	arr_cat	dossard
1	HELIER	Robin	As la claquette	00:07:58	03'59"00	15.06	MIM	0001	0410
2	WINIGER	Lucas	Us Schneckenbusch	00:08:00	04'00"00	15.00	BEM	0001	0084
3	WANTZ	Thomas	Fmac	00:08:06	04'03"00	14.81	MIM	0002	0088
4	PARRELLA	Maxime	Faulquemont	00:08:41	04'20"50	13.82	BEM	0002	0090
5	CLOSSET	Pierre	Marlenheim	00:08:52	04'26"00	13.53	MIM	0003	0075
6	HIEGEL	Maxime	Eichelthal	00:08:52	04'26"00	13.53	BEM	0003	0062
7	HEYMES	Gauthier	Co Insming	00:08:52	04'26"00	13.53	MIM	0004	0063
8	LANG	Pauline	Sarreguemines triathlon	00:08:53	04'26"50	13.51	MIF	0001	0413
9	SPRENG	Alexis	Assa	00:08:53	04'26"50	13.51	BEM	0004	0065
10	WANTZ	Romain	Fmac	00:09:09	04'34"50	13.11	BEM	0005	0087
11	HEYMES	Anthony	Dombasle Athletisme	00:09:09	04'34"50	13.11	BEM	0006	0061
12	BASSOU	Ilyas	Assa	00:09:26	04'43"00	12.72	BEM	0007	0077
13	ZIMMERMANN	Marie	Albestroff	00:09:32	04'46"00	12.59	MIF	0002	0071
14	SPRENG	Florian	Asc Saint-louis	00:09:39	04'49"50	12.44	MIM	0005	0068
15	FIEGEL	Julie	Ana aba	00:09:40	04'50"00	12.41	BEF	0001	0412
16	MATHIA	Thomas	Fmac	00:09:54	04'57"00	12.12	BEM	0008	0085
17	GRILL	Julie	Givrycourt	00:09:58	04'59"00	12.04	MIF	0003	0416
18	DIERBACH	Sophie	Ana iaba	00:10:08	05'04"00	11.84	BEF	0002	0414
19	SINTEF	Dylan	Us Schneckenbusch	00:10:13	05'06"50	11.75	BEM	0009	0083
20	MERCKLING	Anais	Ana Aba	00:10:20	05'10"00	11.61	BEF	0003	0080
21	KLING	Cyprien	Judo club dieuze	00:10:29	05'14"50	11.45	MIM	0006	0418
22	KLING	Félicien	Judo club dieuze	00:10:33	05'16"50	11.37	BEM	0010	0417
23	PIGNON	Chloé	Ana Aba	00:10:39	05'19"50	11.27	BEF	0004	0066
24	PILLOT	Colin	Us Schneckenbusch	00:10:46	05'23"00	11.15	BEM	0011	0082
25	HEYMES	Marion	Co Insming	00:10:55	05'27"50	10.99	BEF	0005	0064
26	HERMANN	Jimmy	Us Schneckenbusch	00:11:01	05'30"50	10.89	BEM	0012	0079
27	CLOSSET	Mathieu	Marlenheim	00:11:07	05'33"50	10.79	BEM	0013	0074
28	SCHMITT	Céline	Co Insming	00:11:09	05'34"50	10.76	BEF	0006	0076
29	FOURNIER	Guenaëlle	Us Schneckenbusch	00:11:34	05'47"00	10.37	MIF	0004	0078
30	MADELAINE	Paul nicolas	Assa sarrebourg	00:11:50	05'55"00	10.14	BEM	0014	0411
31	ODWA	Anais	Jog loisirs hilsprich	00:12:25	06'12"50	9.66	MIF	0005	0415
32	SCHNEIDER	Gaëtan	Astti	00:13:59	06'59"50	8.58	BEM	0015	0072

CROSS INSMING

4000m

clt	nom	pre nom	jour_club	tps_journa	moy_km	km_h	categorie	arr_cat	dossard
1	BEILL	Cedric	As la claquette	00:15:38	03'54"50	15.35	CAM	0001	0452
2	SCHMITT	Sébastien	Co Insming	00:16:05	04'01"25	14.92	CAM	0002	0451
3	WEBER	Kévin	Guntzviller	00:17:10	04'17"50	13.98	CAM	0003	0450
4	SIFFERMANN	Nicolas	ipeurs pompiers brouderd	00:18:34	04'38"50	12.93	CAM	0004	0279

CROSS INSMING

4000m

clt	nom	pre nom	jour_club	tps_journa	moy_km	km_h	categorie	arr_cat	dossard
1	LASCHWENG	Nathalie	Sarrebourg	00:16:47	04'11"75	14.30	SEF	0001	0136
2	FREIS	Zahra	Team Espace Marathon	00:17:59	04'29"75	13.35	SEF	0002	0115
3	PAOLILLO	Marie France	Team Espace Marathon	00:18:13	04'33"25	13.17	V1F	0001	0104
4	HIEGEL	Ginette	Eichelthal	00:18:35	04'38"75	12.91	V1F	0002	0093
5	THOMAS	Sophie	Bining	00:18:52	04'43"00	12.72	SEF	0003	0131
6	ERCKER	Laurette	Sarreguemines Tri	00:18:59	04'44"75	12.64	V1F	0003	0137
7	STYBEL	Marie	Assa	00:19:25	04'51"25	12.36	JUF	0001	0125
8	MADELAINE	Véronique	Assa Sarrebourg	00:19:39	04'54"75	12.21	V1F	0004	0130
9	STYBEL	Véronique	Assa	00:19:53	04'58"25	12.07	V1F	0005	0126
10	BREVETTI	Aurélie	Eichethal	00:20:23	05'05"75	11.77	JUF	0002	0138
11	BAUMGARTEN	Martine	Sar running	00:20:24	05'06"00	11.76	V2F	0001	0128
12	REUTENAUER	Caroline	Eichethel	00:20:48	05'12"00	11.54	SEF	0004	0135
13	KOPCIUCH	Elisabeth	Assa	00:20:49	05'12"25	11.53	JUF	0003	0487
14	ERCKER	Estelle	Aba	00:21:14	05'18"50	11.30	V1F	0006	0132
15	THOMAS	Severine	Co Insming	00:21:15	05'18"75	11.29	SEF	0005	0098
16	JAECK	Dominique	Sarrebourg	00:21:19	05'19"75	11.26	V1F	0007	0094

17	SCHULTZ	Claire	Cap Dinsheim	00:21:41	05'25"25	11.07	V1F	0008	0117
18	BERNARD	Valérie	Fft triathlon	00:21:49	05'27"25	11.00	SEF	0006	0139
19	LALLEMENT	Cristina	Nstt	00:21:55	05'28"75	10.95	SEF	0007	0091
20	STINNEN	Joelle	Co Insming	00:21:57	05'29"25	10.93	V1F	0009	0097
21	HEYMES	Chantal	Co Insming	00:22:08	05'32"00	10.84	V1F	0010	0102
22	MERCKLING	Maeva	Ana Aba	00:22:18	05'34"50	10.76	JUF	0004	0124
23	SOUDIER	Sabine	Garrebou	00:22:20	05'35"00	10.75	V1F	0011	0129
24	BOUSSER	Marie Rose	Co Insming	00:22:25	05'36"25	10.71	V2F	0002	0121
25	BILLOD	Christine	Eichelthal	00:22:29	05'37"25	10.67	V2F	0003	0110
26	WEINMANN	Lydie	Ana Fc Haguenu	00:22:30	05'37"50	10.67	V3F	0001	0108
27	COMTE	Fabienne	Eichelthal	00:22:31	05'37"75	10.66	SEF	0008	0111
28	VIGOUROUX	Nadine	Jog Loisirs Hilsprich	00:22:32	05'38"00	10.65	V1F	0012	0119
29	BLUM	Laetitia	Co Insming	00:22:37	05'39"25	10.61	SEF	0009	0099
30	PATTAR	Céline	Co Insming	00:22:44	05'41"00	10.56	SEF	0010	0101
31	RIGAUX	Severine	Le Val De Gueblange	00:22:50	05'42"50	10.51	SEF	0011	0118
32	HERBETH	Sandra	Basket en folie	00:22:51	05'42"75	10.50	SEF	0012	0140
33	PUNSING	Aline	Printzheim	00:22:58	05'44"50	10.45	JUF	0005	0096
34	BAUER	Cassandra	Altwiller	00:23:05	05'46"25	10.40	SEF	0013	0142
35	KOPP	Christiane	Willerswald	00:23:25	05'51"25	10.25	V3F	0002	0092
36	SINS - GHOMAR	Soraya	Fcsad	00:23:27	05'51"75	10.23	V2F	0004	0116
37	CLEMENT	Cathie	Co Insming	00:23:35	05'53"75	10.18	V1F	0013	0122
38	DOURSON	Corinne	Co Insming	00:23:48	05'57"00	10.08	V1F	0014	0123
39	VOLGRINGER	Laëtitia	Cap Liberté Dettwiller	00:23:59	05'59"75	10.01	SEF	0014	0095
40	KELLER	Amélie	Stiring wendel	00:24:12	06'03"00	9.92	SEF	0015	0134
41	ODWA	Sylvie	Jog loisirs hilsprich	00:24:26	06'06"50	9.82	V1F	0015	0133
42	PACAUD	Martine	Co Insming	00:24:43	06'10"75	9.71	V1F	0016	0100
43	ZINS	Mathilda	Trisport sarreguemines	00:24:55	06'13"75	9.63	CAF	0001	0141
44	BENOIT	Chantal	Eichelthal	00:24:57	06'14"25	9.62	V2F	0005	0103
45	DIEBOLD	Sabine	Adds	00:25:13	06'18"25	9.52	V1F	0017	0109
46	BAUCHE	Martine	Jog Loisirs Hilsprich	00:26:02	06'30"50	9.22	V2F	0006	0120
47	TRAPP	Hélène	Asc Saint-louis	00:26:20	06'35"00	9.11	CAF	0002	0112
48	DIEBOLD	Chloe	Adds	00:27:30	06'52"50	8.73	CAF	0003	0105
49	SAARBACH	Rebecca	Sar Running Club	00:27:52	06'58"00	8.61	SEF	0016	0114
50	VANGHELLE	Sylvie	Us Schneckenbusch	00:31:43	07'55"75	7.57	V1F	0018	0127

CROSS INSMING

6000m

clt	nom	prenom	jour_club	tps_journa	moy_km	km_h	categorie	arr_cat	dossard
1	SCHMITT	Mathieu	Co Insming	00:23:29	03'54"83	15.33	JUM	0001	0486

CROSS INSMING

600m

clt	nom	prenom	jour_club	tps_journa	moy_km	km_h	categorie	arr_cat	dossard
1	VANDOME	Léonie	Assa	00:02:37	04'21"66	13.76	SPF	0001	0017
2	HEYMES	Axelle	Co Insming	00:02:38	04'23"33	13.67	SPF	0002	0018
3	HOFFMANN	Aline	Eichelthal	00:02:41	04'28"33	13.42	SPF	0003	0019
4	UNTERNER	Léa	Lutzelbourg	00:02:44	04'33"33	13.17	SPF	0004	0025
5	SOUDIER	Natacha	Garrebou	00:02:56	04'53"33	12.27	SPF	0005	0469
6	KLEIN	Laura	Goerlingen	00:03:04	05'06"66	11.74	SPF	0006	0026
7	BALTZ	Manon	Brouderdorff	00:03:08	05'13"33	11.49	SPF	0007	0028
8	CLOTILDE		Insming	00:03:11	05'18"33	11.31	SPF	0008	0466
9	OGE	Lucie	C o insming	00:03:19	05'31"66	10.85	SPF	0009	0024
10	ILLY	Lucie	FrancaItroff	00:03:48	06'20"00	9.47	SPF	0010	0027
11	THOMAS	Carla	Sarrebou	00:04:01	06'41"66	8.96	SPF	0011	0016

CROSS INSMING

600m

clt	nom	prenom	jour_club	tps_journa	moy_km	km_h	categorie	arr_cat	dossard
1	FIEGEL	Hugo	Tennis sarre union	00:02:25	04'01"66	14.90	SPM	0001	0470
2	DEBEVE	Lucas	Jog Loisirs Hilsprich	00:02:28	04'06"66	14.59	SPM	0002	0013
3	SCHMITT	Arthur	Co Insming	00:02:31	04'11"66	14.30	SPM	0003	0007
4	DOLISY	Florian	Albestroff	00:02:37	04'21"66	13.76	SPM	0004	0472

5	STEILER	Pierre	Nebing	00:02:38	04'23"33	13.67	SPM	0005	0014
6	KLEIN	Matthieu	Goerlingen	00:02:42	04'30"00	13.33	SPM	0006	0473
7	SCHMITT	Loris	Schalbach	00:02:44	04'33"33	13.17	SPM	0007	0475
8	DRUI	Robin	Insming	00:02:48	04'40"00	12.86	SPM	0008	0465
9	BRULLARD	Baptiste	Insming	00:02:50	04'43"33	12.71	SPM	0009	0004
10	TAYSS	Rayan	Ema	00:02:52	04'46"66	12.56	SPM	0010	0467
11	WAEKENS	Clement	Co Insming	00:02:55	04'51"66	12.34	SPM	0011	0012
12	ERTEL	Robin	Us Schneckenbusch	00:02:57	04'55"00	12.20	SPM	0012	0011
13	WELSCH	Jules	Sarrebourg	00:03:11	05'18"33	11.31	SPM	0013	0468
14	ILLY	Alexis	FrancaItroff	00:03:15	05'25"00	11.08	SPM	0014	0474
15	STAUDT	Paul	Assa	00:03:19	05'31"66	10.85	SPM	0015	0471
16	BALBIANI	Antoine	Us Schneckenbusch	00:03:21	05'35"00	10.75	SPM	0016	0010
17	WAEKENS	Matthieu	Co Insming	00:03:27	05'45"00	10.43	SPM	0017	0009
18	GRAFF	Jessy	Yutz	00:03:30	05'50"00	10.29	SPM	0018	0015
19	THOMAS	Guillaume	Sarrebourg	00:05:00	08'20"00	7.20	SPM	0019	0001

CROSS INSMING

8000m

clt	nom	pre nom	jour_club	tps_journa	moy_km	km_h	categorie	arr_cat	dossard
1	TAYSS	Abdel	Assa	00:29:52	03'44"00	16.07	V1M	0001	0170
2	PISSONNIER	Sylvain	Triathlon sarreguemines	00:30:52	03'51"50	15.55	SEM	0001	0282
3	SEILLER	Thierry	Asl Robertsau	00:31:22	03'55"25	15.30	SEM	0002	0210
4	KIEFFEL	Jérémy	Cap dinsheim	00:31:24	03'55"50	15.29	SEM	0003	0274
5	BIERMANN	Eric	Sarreguemines Tri Club	00:31:28	03'56"00	15.25	SEM	0004	0185
6	COLLET	Thierry	1er rhc	00:31:32	03'56"50	15.22	V1M	0002	0296
7	LANG	Pascal	FrancaItroff	00:31:33	03'56"62	15.21	V1M	0003	0163
8	STAUDT	Jacques	Us forbach	00:31:38	03'57"25	15.17	V1M	0004	0292
9	PIERROT	ean christoph	Ffa	00:31:45	03'58"12	15.12	SEM	0005	0253
10	RUMMENACKE	Jean Paul	Assa	00:31:51	03'58"87	15.07	V1M	0005	0266
11	DEL BIANCO	Claude	Ana Aba	00:32:04	04'00"50	14.97	V1M	0006	0164
12	VANGUELLE	Patrice	Us Schneckenbusch	00:32:15	04'01"87	14.88	V1M	0007	0237
13	BISVAL	Stephane	Nstt Sarrebourg	00:32:26	04'03"25	14.80	SEM	0006	0222
14	WENDLING	Anthony	Cap Dinsheim	00:32:27	04'03"37	14.79	SEM	0007	0238
15	EREIRA MARIN	Joaquin	Sarrebourg	00:32:32	04'04"00	14.75	SEM	0008	0306
16	GLOCK	Sebastien	Sar Running Club	00:32:38	04'04"75	14.71	SEM	0009	0204
17	BORNER	Daniel	Eichelthal	00:32:43	04'05"37	14.67	SEM	0010	0288
18	FREIS	Francis	Team Espace Marathon	00:32:45	04'05"62	14.66	V1M	0008	0208
19	LACAILLE	Gerard	Assa	00:32:48	04'06"00	14.63	V2M	0001	0181
20	SCHRAMM	Cédric	Can sarreguemines	00:32:58	04'07"25	14.56	SEM	0011	0276
21	BREVETTI	Pasqual	Team Eichel	00:33:09	04'08"62	14.48	V1M	0009	0199
22	MARCHAL	Jean Pierre	Cap Dinsheim	00:33:12	04'09"00	14.46	V1M	0010	0207
23	LANG	François	riathlon club sarreguemines	00:33:38	04'12"25	14.27	V2M	0002	0248
24	THIEMS	Marc	Cc Sarrebourg	00:33:40	04'12"50	14.26	SEM	0012	0193
25	SCHENBRENNE	Stephane	Triathlon sarreguemines	00:33:41	04'12"62	14.25	SEM	0013	0284
26	KOEBEL	Lionel	Assa	00:33:43	04'12"87	14.24	V2M	0003	0177
27	TAVERNA	Bruno	Abreschviller	00:33:58	04'14"75	14.13	V1M	0011	0257
28	HORNY	Jerome	Unitas Brumath	00:34:01	04'15"12	14.11	SEM	0014	0206
29	CORBANESE	Pascal	Nstt	00:34:05	04'15"62	14.08	V1M	0012	0290
30	HEYMES	Christian	Co Insming	00:34:07	04'15"87	14.07	V1M	0013	0179
31	FEY	Jean Jacques	Pompriers st avold	00:34:08	04'16"00	14.06	V1M	0014	0270
32	GALLON	Pascal	Us Schneckenbusch	00:34:45	04'20"62	13.81	V1M	0015	0227
33	BOUBAZINE	Mourad	Trisport sarreguemines	00:34:50	04'21"25	13.78	SEM	0015	0301
34	MARCHAND	Christian	riathlon club sarreguemines	00:34:55	04'21"87	13.75	V2M	0004	0299
35	HECKLER	Christophe	Assa	00:34:59	04'22"37	13.72	SEM	0016	0229
36	ELCHINGER	Yves	Cap dinsheim	00:35:02	04'22"75	13.70	V1M	0016	0271
37	JACOB	Desiré	Foulées naboriennes	00:35:04	04'23"00	13.69	V1M	0017	0241
38	HOFFMANN	Patrick	Eichelthal	00:35:08	04'23"50	13.66	V1M	0018	0232
39	OBRINGER	Alain	S t c	00:35:09	04'23"62	13.66	V1M	0019	0272
40	LACKO	Florian	Trisport sarreguemines	00:35:26	04'25"75	13.55	SEM	0017	0300
41	SCHMITT	Raymond	Trisport sarreguemines	00:35:31	04'26"37	13.51	V2M	0005	0261
42	GROSSE	Julien	Stc	00:35:45	04'28"12	13.43	V2M	0006	0167
43	FLATRES	Yann	Running 700 Bellefosse	00:35:55	04'29"37	13.36	SEM	0018	0173
44	THIERRY	Bruno	Assa	00:36:10	04'31"25	13.27	V2M	0007	0263

45	FABER	Lucien	Assa	00:36:16	04'32"00	13.24	V2M	0008	0224
46	KAUSS	Florent	Steinbourg	00:36:21	04'32"62	13.20	V3M	0001	0203
47	CLEMENT	Arnaud	Assa	00:36:34	04'34"25	13.13	SEM	0019	0267
48	HOCHSTRASSEI	Thierry	Assa	00:36:37	04'34"62	13.11	SEM	0020	0231
49	BILLOD	Jean Charles	Eichelthal	00:36:54	04'36"75	13.01	V1M	0020	0197
50	PARRELLA	Marco	Faulquemont	00:36:55	04'36"87	13.00	V1M	0021	0243
51	KOEPPEL	Emmanuel	Sar'running Club	00:36:56	04'37"00	13.00	V1M	0022	0211
52	BALTZ	Jean Paul	Asc Ferco	00:37:00	04'37"50	12.97	V1M	0023	0221
53	DINQUER	Cedric	Insviller	00:37:05	04'38"12	12.94	SEM	0021	0303
54	MULLER	Sébastien	Chene de l est	00:37:06	04'38"25	12.94	V1M	0024	0283
55	ISCHIA	Joel	Assa	00:37:12	04'39"00	12.90	V1M	0025	0233
56	VALIN	Pascal	Us Schneckenbusch	00:37:19	04'39"87	12.86	V1M	0026	0236
57	THILL	Claude	Nousseviller	00:37:28	04'41"00	12.81	SEM	0022	0298
58	BURGATT	Francois	Asc ferco	00:37:32	04'41"50	12.79	V2M	0009	0246
59	WINIGER	Philippe	Us Schneckenbusch	00:37:33	04'41"62	12.78	V1M	0027	0239
60	KESSLER	Joel	Woustviller	00:37:34	04'41"75	12.78	SEM	0023	0302
61	DIDIOT	Francis	Rech Les Sarralbe	00:37:36	04'42"00	12.77	V3M	0002	0293
62	GIRARD	Frédéric	Sar running club	00:37:36	04'42"00	12.77	SEM	0024	0289
63	STUBER	Eric	Vasperriller	00:37:39	04'42"37	12.75	SEM	0025	0265
64	FAMIN	Claude	Jog Loisirs Hilsprich	00:37:41	04'42"62	12.74	V2M	0010	0216
65	PES DA FONSE	Jorge	COS VILLERS	00:37:45	04'43"12	12.72	V2M	0011	0273
66	PFAADT	Alfred	Can Sarreguemines	00:38:03	04'45"37	12.61	V1M	0028	0184
67	WEIL	Jean Daniel	Coop Alsace	00:38:05	04'45"62	12.60	SEM	0026	0175
68	STRICHER	Antoine	Sarrebouurg	00:38:05	04'45"62	12.60	V2M	0012	0254
69	WEINMANN	Frédéric	Ana Fc Haguenau	00:38:16	04'47"00	12.54	V3M	0003	0191
70	PENNERATH	Jean Christoph	Triathlon Sarreguemines	00:38:22	04'47"75	12.51	V1M	0029	0186
71	FABER	Raymond	Sp Langatte	00:38:24	04'48"00	12.50	V1M	0030	0258
72	WEINSTEIN	Jean luc	Sar running	00:38:32	04'49"00	12.46	V1M	0031	0281
73	PIGNON	Thierry	Assa	00:38:34	04'49"25	12.45	V1M	0032	0188
74	HOFFMANN	Gérard	Eichelthal	00:38:39	04'49"87	12.42	V1M	0033	0195
75	BIRINGER	Bernard	Nstt	00:38:45	04'50"62	12.39	V3M	0004	0262
76	KREMER	Romain	Eichelthal	00:38:50	04'51"25	12.36	V2M	0013	0252
77	FRANTZ	Emile	Eichelthal	00:38:59	04'52"37	12.31	V2M	0014	0264
78	MOYON	Jean-baptiste	Sarreguemines	00:39:03	04'52"87	12.29	SEM	0027	0277
79	GANTER	Jean luc	Reding	00:39:20	04'55"00	12.20	V2M	0015	0294
80	STAUB	Roland	Ana Fcja Bischwiller	00:39:29	04'56"12	12.16	V3M	0005	0202
81	FIMEYER	Philippe	Nelling	00:39:33	04'56"62	12.14	SEM	0028	0225
82	FOURNIER	Mickaël	Us Schneckenbusch	00:39:40	04'57"50	12.10	SEM	0029	0226
83	GAMEL	Loïc	Sarreguemines	00:39:46	04'58"25	12.07	SEM	0030	0228
84	HAAS	Dominique	Jog Loisirs Hilsprich	00:39:48	04'58"50	12.06	V1M	0034	0194
85	TURCK	Roland	C O Insming	00:39:56	04'59"50	12.02	V2M	0016	0162
86	COMTE	Denis	Eichelthal	00:39:58	04'59"75	12.01	V1M	0035	0198
87	HUTHER	Georges	Sar running	00:40:05	05'00"62	11.98	V1M	0036	0285
88	HECKLER	Yves	Assa	00:40:11	05'01"37	11.95	V1M	0037	0180
89				00:40:17	05'02"12	11.92		0001	
90	COMMERET	Fabien	Ffa	00:40:19	05'02"37	11.91	SEM	0031	0168
91	NOE	Thierry	Triathlon Club St Avold	00:40:22	05'02"75	11.89	SEM	0032	0196
92	BACHMANN	Richard	Eichelthal	00:40:53	05'06"62	11.74	V2M	0017	0176
93	BOCH	Eddie	Marcheurs Du Haut-barr	00:40:55	05'06"87	11.73	V3M	0006	0205
94	ZINS	Pascal	Tri sport sarreguemines	00:41:05	05'08"12	11.68	V1M	0038	0268
95	RICHERT	Benoit	Asl printzheim	00:41:20	05'10"00	11.61	V2M	0018	0245
96	KLEIN	Pascal	Asc ferco	00:41:27	05'10"87	11.58	V1M	0039	0249
97	APPEL	Frederic	Lening	00:41:38	05'12"25	11.53	SEM	0033	0212
98	DORR	Thierry	Co Insming	00:41:51	05'13"87	11.47	SEM	0034	0183
99	SCHMITT	Dominique	Co Insming	00:42:12	05'16"50	11.37	SEM	0035	0219
100	ODWA	Antoine	Jog loisirs hilsprich	00:42:13	05'16"62	11.37	V2M	0019	0251
101	BACHMANN	Jean Luc	Eichelthal	00:42:35	05'19"37	11.27	V2M	0020	0187
102	ERTEL	Jean Christoph	Us Schneckenbusch	00:42:45	05'20"62	11.23	SEM	0036	0223
103	UNTERNER	Guy	Sp Lutzelbourg	00:42:58	05'22"25	11.17	V1M	0040	0247
104	ZWING	Pascal	Petit Rederching	00:43:03	05'22"87	11.15	V1M	0041	0174
105	ALLARD	Patrick	Stiring Wendel	00:43:08	05'23"50	11.13	V2M	0021	0260
106	BONNO	Fabrice	Adds	00:43:09	05'23"62	11.12	V1M	0042	0192
107	VIGOUROUX	Jean Rene	Jog Loisirs Hilsprich	00:43:10	05'23"75	11.12	V1M	0043	0214

108	KURTZ	Damien	Us Schneckenbusch	00:43:35	05'26"87	11.01	V1M	0044	0234
109	MARTZELL	Gilles	Hoelling	00:43:37	05'27"12	11.00	SEM	0037	0250
110	ROSER	Gilles	Sarre union	00:43:40	05'27"50	10.99	SEM	0038	0286
111	STEILER	Eugene	Jog Loisirs Hilsprich	00:43:45	05'28"12	10.97	V2M	0022	0190
112	BRASSEL	Frédéric	es Coureurs De L'eichelth	00:43:49	05'28"62	10.95	SEM	0039	0189
113	GOETZ	François	Zeinheim	00:44:05	05'30"62	10.89	V2M	0023	0304
114	SCHMITT	Joseph	Sar'running Club	00:44:14	05'31"75	10.85	V2M	0024	0213
115	DEBEVE	Sébastien	Jog Loisirs Hilsprich	00:44:46	05'35"75	10.72	SEM	0040	0240
116	TOUCHEBOEUF	Dominique	Eichelthal	00:44:53	05'36"62	10.69	V2M	0025	0166
117	HERMANN	Frederic	Us Schneckenbusch	00:44:54	05'36"75	10.69	SEM	0041	0230
118	RENAUDIN	Georges	Sarrebourg	00:44:55	05'36"87	10.69	V2M	0026	0256
119	SCHMITT	Jean claude	Eichelthal	00:44:57	05'37"12	10.68	V3M	0007	0297
120	MAYER	Christophe	Strasbourg	00:45:06	05'38"25	10.64	V1M	0045	0255
121	MULLER	Daniel	Acl Hirschland	00:45:31	05'41"37	10.55	V3M	0008	0200
122	MEYER	Andre	Jog Loisirs Hilsprich	00:45:35	05'41"87	10.53	V2M	0027	0217
123	PACAUD	Pascal	Co Insming	00:45:38	05'42"25	10.52	V1M	0046	0178
124	ANDRE	Jérôme	Macheren	00:46:19	05'47"37	10.36	V2M	0028	0278
125	MAKSIMOVIC	André	Trisport sarreguemines	00:47:03	05'52"87	10.20	V3M	0009	0287
126	SCHAEFFER	Philippe	St avold	00:47:26	05'55"75	10.12	V1M	0047	0295
127	WEBER	Francis	Alsting	00:47:56	05'59"50	10.01	V2M	0029	0291
128	SMILI	Djelloul	Sarreguemines	00:48:45	06'05"62	9.85	SEM	0042	0280
129	BEILL	Marc	As la claquette	00:48:59	06'07"37	9.80	V2M	0030	0242
130	MERCKLING	Michel	Schillersdorf	00:49:34	06'11"75	9.68	V1M	0048	0235
131	WALKER	Rémy	Eichelthal	00:50:39	06'19"87	9.48	V2M	0031	0201
132	SIFFERMANN	Philippe	A can packagin sarrebourg	00:52:42	06'35"25	9.11	V1M	0049	0275
133	KOPP	Claude	Willerwald	00:52:52	06'36"50	9.08	V3M	0010	0172
134	DIEBOLD	Albert	Sarreguemines	00:53:11	06'38"87	9.03	V2M	0032	0259
135	BALBIANI	Olivier	Schneckenbusch	00:54:00	06'45"00	8.89	SEM	0043	0244
136	BAUCHE	Bruno	Jog Loisirs Hilsprich	00:55:38	06'57"25	8.63	V2M	0033	0215
137	GOETZ	Raymond	Asl Printzeim	00:57:31	07'11"37	8.35	V2M	0034	0305

CROSS INSMING

800m

clt	nom	prenom	jour_club	tps_journa	moy_km	km_h	categorie	arr_cat	dossard
1	MADELAINE	Perrine	Assa sarrebourg	00:03:15	04'03"75	14.77	POF	0001	0054
2	BEY	Celina	Assa	00:03:26	04'17"50	13.98	POF	0002	0052
3	APPEL	Mina	Lening	00:03:30	04'22"50	13.71	POF	0003	0047
4	HENNER	Adèle	FFA SARREGUEMINES	00:03:48	04'45"00	12.63	POF	0004	0049
5	WELSCH	Morgane	Ass	00:04:00	05'00"00	12.00	POF	0005	0053
6	HEILIG	Channelle	Fmac	00:04:00	05'00"00	12.00	POF	0006	0051
7	HENNER	Emma	FFA SARREGUEMINES	00:04:05	05'06"25	11.76	POF	0007	0048
8	SCHMIDT	Verena	Aba	00:04:21	05'26"25	11.03	POF	0008	0055
9	GRILL	Camille	Givrycourt	00:04:29	05'36"25	10.71	POF	0009	0425
10	JACOB	Louhane	Fmac	00:04:33	05'41"25	10.55	SPF	0001	0021

CROSS INSMING

800m

clt	nom	prenom	jour_club	tps_journa	moy_km	km_h	categorie	arr_cat	dossard
1	BRICHLER	Abel	Us Schneckenbusch	00:03:05	03'51"25	15.57	POM	0001	0037
2	PILLOT	Nicolas	Us Schneckenbusch	00:03:08	03'55"00	15.32	POM	0002	0040
3	VANGUELLE	Alexis	Us Schneckenbusch	00:03:13	04'01"25	14.92	POM	0003	0044
4	VIGOUROUX	Paul	Jog loisirs	00:03:17	04'06"25	14.62	POM	0004	0421
5	STAUDT	Arnaud	Assa	00:03:19	04'08"75	14.47	POM	0005	0046
6	PILLOT	Tom	Us Schneckenbusch	00:03:21	04'11"25	14.33	POM	0006	0041
7	ZINGRAFF	Florian	Jog loisirs	00:03:23	04'13"75	14.19	POM	0007	0420
8	TAYSS	Yassine	Fmas	00:03:24	04'15"00	14.12	POM	0008	0045
9	THIEMS	Florian	Assa	00:03:26	04'17"50	13.98	POM	0009	0033
10	SCHMITT	Tristan	Rohan athletisme	00:03:29	04'21"25	13.78	POM	0010	0424
11	FOURNIER	Judikaël	Us Schneckenbusch	00:03:31	04'23"75	13.65	POM	0011	0038
12	HEYMES	Théo	Dombasle Athletisme	00:03:33	04'26"25	13.52	POM	0012	0031
13	MAYER	Sebastien	S.francaise enchenberg	00:03:37	04'31"25	13.27	POM	0013	0423
14	SIMON	Florian	Us Schneckenbusch	00:03:40	04'35"00	13.09	POM	0014	0042

15	ILLY	Quentin	Francaltroff	00:03:44	04'40"00	12.86	POM	0015	0422
16	VALIN	Antoine	Us Schneckbusch	00:03:45	04'41"25	12.80	POM	0016	0043
17	GRILL	Pierre	Givrycourt	00:03:46	04'42"50	12.74	POM	0017	0426
18	BISVAL	Thomas	Natation Sarrebourgeoise	00:03:50	04'47"50	12.52	POM	0018	0036
19	HEYMES	Quentin	Dombasle Athletisme	00:03:56	04'55"00	12.20	POM	0019	0032
20	SCHNEIDER	Geoffrey	Asti	00:04:32	05'40"00	10.59	POM	0020	0035